

FDFA



Compass for women with disabilities

This compass is a tool for women who have experienced violence.

It allows you to:

- better understand your situation
- know your rights,
- know who and where to turn to

You can use it at your own pace, by yourself or with others.

There is no specific order : start with the sections that are most relevant to you.

How to use?

Each part of the compass responds to a simple question :

- Who to contact ?
- What to do? **Urgent, important, at your own pace**
- What types of violences exist ?
- What are my rights ?

Femmes pour le Dire, Femmes pour Agir

114: emergency number for people who are deaf or hard of hearing



3919: National hotline for women victims of violence



17: national police
18: Firefighters

01 40 47 06 06 ou à ecoute@fdfa.fr : The Ecoute Hotline of FDFA (for women with disabilities facing violence)



WHO TO CONTACT?

Cyber violence

Sexual Violence

Emotional abuse

Institutional violence

Physical Violence

Medical abuse

Verbal Violence

Economic violence

WHAT TO DO?

Keep important information: Write down dates and facts, take screenshots...

Make yourself safe



Tell a close friend



Contact an organization



Contact a healthcare professional!



MY RIGHTS

I have the right to be believed.



I have the right to legal aid



I have the right to a protection order



I have the right to a sign language interpreter



I have the right to a medical exam*



*medical-legal exam specialized in victims of violence

I have the right to say "no"

